

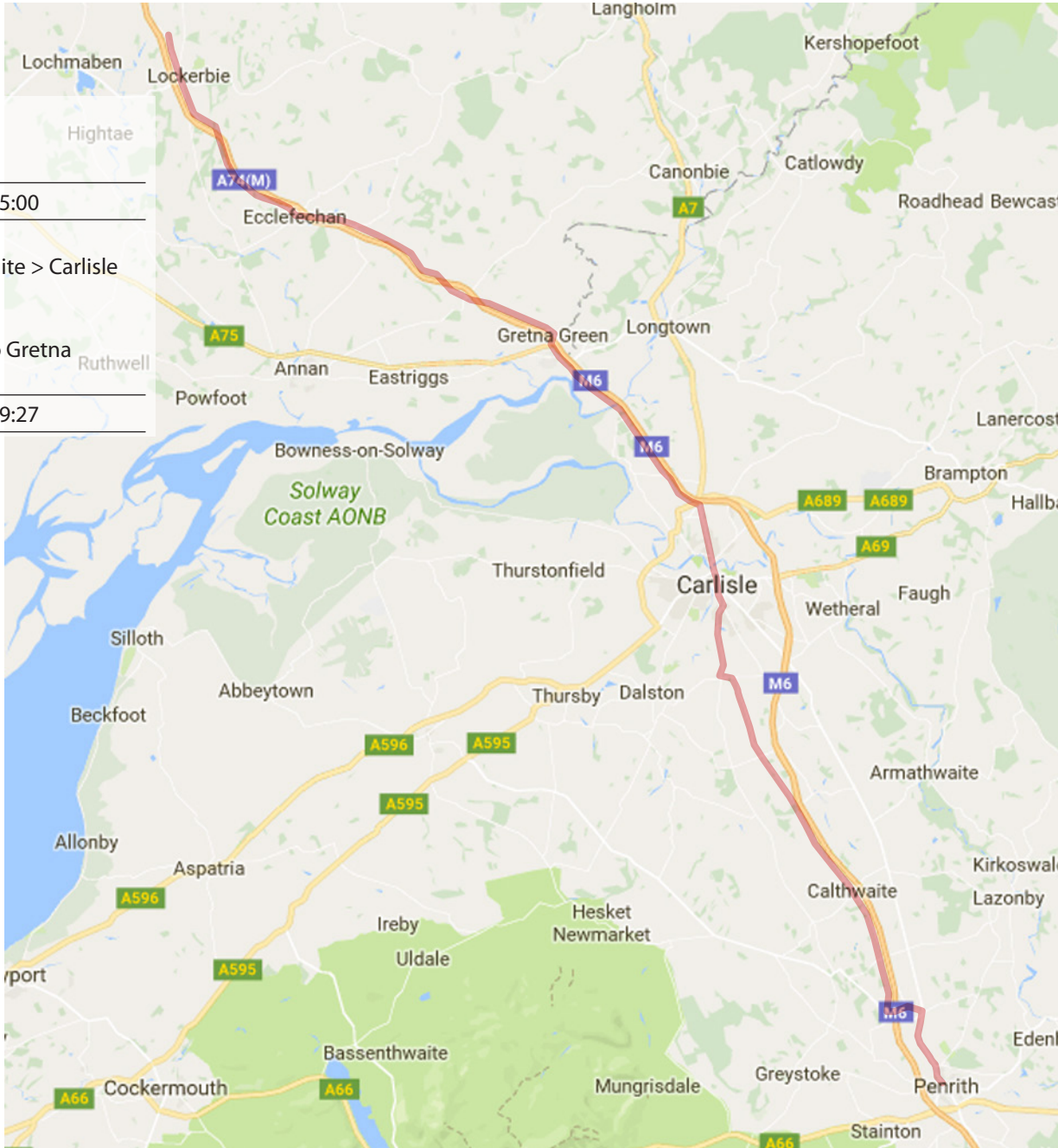
LEJOG

Land's End – John O'Groats

Penrith to Lockerbie

Wed 27 June

Depart Penrith	05:00
A6 Calthwaite Road > Calthwaite > Carlisle (Alongside M6)	
A7 Parkside > alongside M6 to Gretna B7076 (alongside A74M)	
Arrive Lockerbie	09:27



JOGLE

John O'Groats – Land's End

Lockerbie to Penrith

Mon 2 Jul

Depart Lockerbie	10:24
B7076 (alongside A74M) Alongside M6 from Gretna > Parkside A7 Carlisle > Calthwaite > Calthwaite Road (Alongside M6)	
A6	
Arrive Penrith	14:51

The 2018 Longest Ride Challenge

Standing Up 
For those that can't