

# LEJOG

Land's End – John O'Groats

## Hereford to Shrewsbury

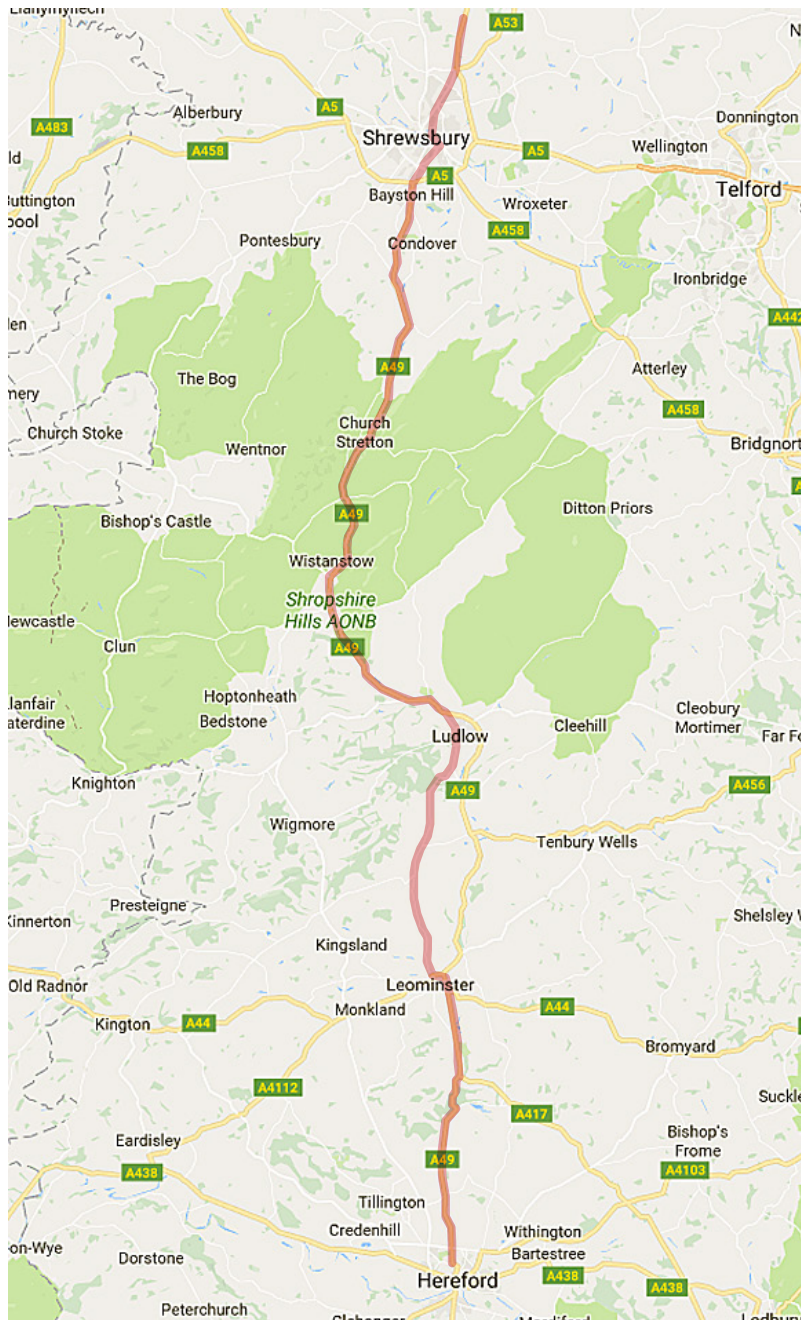
Mon 25 June

Depart Hereford 15:27

A49  
B4361 to Leominster / Ludlow  
A49  
A5112

Arrive Shrewsbury 20:39

Sleep stop at Shrewsbury  
until 05:00 Tuesday 26 June



# JOGLE

John O'Groats – Land's End

## Shrewsbury to Hereford

Tue 3 July

Depart Shrewsbury 16:09

A5112  
A49  
B4361  
A49

Arrive Hereford 21:21

Sleep stop at Hereford  
until 05:00 Wednesday 4 July

The 2018 Longest Ride Challenge

Standing Up  
For those that can't 